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<td>Minimal walking, walker accessible</td>
<td>Moderate leisure walking</td>
<td>Long walks required</td>
<td>At least one flight of stairs, no elevator</td>
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<td>2</td>
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<td>Independence Day City Holiday—GIAC Closed</td>
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<td>Visit to Johnson Art Museum</td>
<td>Cherry picking in Hector</td>
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<td>11</td>
<td>12</td>
<td>13</td>
<td>Guided Tour of Cornell Arboretum</td>
<td>Ice Cream Social with Lifelong at Titus Towers</td>
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<td>16</td>
<td>17</td>
<td>18</td>
<td>Bike Ride at on Lake Front Trail</td>
<td>Craft &amp; Conversation Group</td>
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<td>22</td>
<td>23</td>
<td>24</td>
<td>Movie at Cinemapolis</td>
<td>Craft &amp; Conversation Group</td>
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<td>30</td>
<td>31</td>
<td>25</td>
<td>Southside Shopping</td>
<td>The Cake at Cortland Repertory Theater</td>
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<td>Syracuse Arts &amp; Crafts Festival</td>
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See reverse side for program details. See the newsletter for additional information.
Thursday, July 6th, 11 am  Visit to Johnson Art Museum
Guided by Carol Hockett, we'll look at prints in the permanent collection and in the exhibition  
Marie Watt: Storywork, then head to the studio to try your hand at monoprints and lino cuts.  
Please register as space is limited this time!

Friday, July 7th, 10 am-3 pm  Cherry picking in Hector
I'm not positive the cherries will be ripe, but I think we have a good chance. These are dwarf  
trees, so we can pick right from the ground. We'll stop for lunch at Ron Don's Village Pub.

Monday, July 10th, 11:30 am  Steering Committee Meeting
Join us for lunch at the Sunset Grill and help shape future activities, everyone is welcome!

Wednesday, July 12th, 1 pm  Group Hike at Cornell Arboretum
Join us on this rescheduled walk (from last month) to learn about the wide diversity of tree  
species in the F.R. Newman Arboretum and why this diversity is so important to humans.  
Cornell experts David Weinstein and Christina Stark will lead our walk.

Thurs, July 13th, 2 pm  Mosaic Gathering Ice Cream Social, Titus pavilion
The Lifelong Mosaic Program & GIAC will host a drop-in ice cream social with the GIAC  
Jumpers performing (free).

Monday, July 17th, 11 am  Group bike ride, Ithaca Youth Bureau
Let’s take a bike ride on the Waterfront Trail! All sorts of bikes (regular/trikes/recumbent/  
tandems) will be available, people of all abilities are welcome. Please let me know in  
advance that you plan to attend, and I’ll try to have the right bikes on hand (you may  
need to share with others).

Wednesday, July 19th, 9 am-5 noon  Boat Ride & Birthday Lunch on  
Thousand Island Cruise
We'll take a charter bus up to Alexandra Bay for an Uncle Sam’s Cruises buffet lunch cruise.  
The total cost (includes lunch and boat) to attend is $50, due 7/12. Space is limited!

Friday, July 21st, 10 am  Poetry in the Park
Join us to share both original and favorite poems and writings. It’s a friendly atmosphere,  
everyone is welcome. Let’s meet up at the pavilion just north of the Children’s Garden.

Monday, July 24th, late-afternoon  “Oppenheimer” at Cinemapolis
The story of physicist J. Robert Oppenheimer working with a team of scientists to develop the  
atomic bomb; $8.

Wed., July 26th, 10 am-5 pm  “The Cake” at Cortland Repertory Theater
This comedy centers on a woman living in North Carolina who is cast onto an Americanized  
“Great British Baking Show.” We’ll have lunch at Bob’s BBQ beforehand (pay on your own).  
Cost to attend is $35 (made out to GIAC), due 7/12.

Saturday, July 29th, 11 am-4 pm  Syracuse Arts & Crafts Festival
A showcase of the country’s most talented artists, craftspeople and entertainers is centered  
in Downtown Syracuse; free.

Monday, July 31th, 10 am  Southside Shopping
Give me a call if you’d like to do some shopping anywhere on the south side of town.
Welcome new members: Rickie Mowry, Patricia Little, Elizabeth Wiggans, Mary Eldridge, Debora Stevens-Burns, and Rich Burns

Deadlines to keep in mind:

- **July 7th** ($50) for *Boat Ride & Birthday Lunch on Thousand Island Cruise* (event on 7/19)
- **July 12th** ($35) for “Cake” at Cortland Repertory Theater (event on 7/26)
- **August 1st** ($51) for *Beautiful: Carole King musical at the Rev* in Auburn (event on 8/22)

The year keeps rolling by, here we are in the middle of summer. We’ve got great stuff lined up for July, and I’m sure for the rest of the summer…stay tuned. Keep an eye on the deadlines for payment, several are early in the month. One big piece of news is that we have a new driver on staff. Juan Salomon will be driving for us from time to time…I’m very happy to have him on the team!

### July Events – Expanded Descriptions

- Upcoming for August: 8/22 production of “*Beautiful: Carole King* musical at the Rev in Auburn; $51. Please let me know as soon as possible as money is due at the end of July.
- **Zoom Craft Group, Tuesdays at 12 noon.** A group has been getting together to talk crafts and just check in. Everyone is welcome; to join: https://us02web.zoom.us/j/278922636?pwd=QTRXTStaR1dBcVRDRFlOcUoxMjdVUT09; Meeting ID: 278 922 636; Password: 007992
• **Cherry picking in Hector**, *Friday, July 7 at 10 am-3 pm* – Wickham's Tango Oaks Farm is a 5th generation family farm that grows tree fruit, grapes, and other produce, available for U-pick. The cherry trees are short and easy to pick from. Bring your own bucket or buy one there; hope we get the timing right for ripe, plentiful fruit!

• **(Rescheduled from 6/14) Guided Hike: The Trees of the Arboretum**, *Wednesday, July 12 at 1 pm* – David Weinstein, Forest Ecologist and Senior Research Associate Emeritus from Cornell’s Department of Natural Resources & the Environment, and Christina Stark, Senior Extension Associate Emerita, Div. of Nutritional Sciences. Is your knowledge of trees limited to the ones in your backyard? Join our tree tour to learn about the wide diversity of tree species in the F.R. Newman Arboretum and why this diversity is so important to humans. Learn how these trees connect to our local flora and the global world of trees, and how they are being threatened by pests, pathogens, and changing climate. You will also gain insights into the importance of certain trees to various cultures. Walks will be held rain or shine; please dress appropriately for the weather. Meet at the parking area next to Houston Pond and the Sculpture Garden, in the central part of the Arboretum.

• **Group bike ride**, *Monday, July 17 at 11 am* – Anyone up for a bike ride? Let’s meet at the Ithaca Youth Bureau; if you have a bicycle, you are good to go, if not, you can get one from the IYB. The IYB has regular bikes, trikes, and a tandem (I’m willing to take people for a ride on that), and our friends from Bike Walk Tompkins will also be along with their recumbent bike. Come for a ride, please let me know that you are joining us so I can plan to have the right number of bikes (depending on numbers, be prepared to share).

• **Boat Ride and Birthday Lunch on Thousand Island Cruise**, *Wednesday, July 19 9 am- 5 pm* – This should be a fun (if not a long day)! We’ll travel to and from Alexandra on a Swartwout charter bus (likely pick up locations are Conifer, Titus, and Ellis Hollow Apartments). This Thousand Islands luncheon cruise combines the 2 Nation Tour with a delectable luncheon onboard one of Uncle Sam’s triple-deck vessels. Lunch includes garden salad, mac & cheese, deli
platter, herbed chicken, dessert, and beverages. We’ll enjoy a leisurely cruise through the enchanting channels of the Thousand Islands and learn about the region’s rich history from a knowledgeable guide while enjoying a sumptuous lunch. The boat gets up close to the spectacular scenery and magnificent island homes.

- **Iced Tea & Poetry, Friday, July 21 at 10 am** – Please feel free to share a favorite poem or one that you wrote yourself. It is a friendly supportive atmosphere, so join the fun. The weather seems to have changed so that we can meet at the pavilion just north of the Children Garden.

- **“Oppenheimer” (at Cinemapolis) Monday, July 24 at late afternoon** — Drama • R • 3h *Oppenheimer* is an upcoming biographical thriller film written and directed by Christopher Nolan, based on the 2005 book *American Prometheus* by Kai Bird and Martin J. Sherwin. It stars Cillian Murphy as J. Robert Oppenheimer, an American theoretical physicist who helped develop the first nuclear weapons.

- **“Cake” at the Cortland Repertory Theater, Wednesday, July 26, 11 am-5 pm** - Faith, family and frosting collide in this timely new play! Della has a pretty good life. She’s been happily married to her husband, Tim, for years, her North Carolina bakery is legendary, and she’s just been cast on her favorite television show “The Big American Bake-Off”! She is overjoyed when her late best friend’s daughter, Jen, whom she helped raise, returns home from NYC to get married. There’s no question that Della will provide the wedding cake...until she discovers that there’s not one bride in this wedding, but two! Della must then re-examine her own deeply held beliefs and ultimately, her own marriage. “Brilliant...Powerful and meaningful...abundant wit and humor.” – LA Post-Examiner. We’ll have lunch at Bob’s Barbeque on our way.

- **Syracuse Arts & Crafts Festival, Saturday, July 29, 10 am-3 pm** – The spectacular three-day showcase of the country's most talented artists, craftspeople and entertainers is centered in Downtown Syracuse. The festival provides opportunities for visitors to experience the vibrancy of Downtown.
Syracuse through a presentation of visual and performing arts that demonstrate diverse art forms and cultures.

- **Southside Shopping, Monday, July 31 at 10 am** – Call if you want to go shopping at any of the downtown shopping locations (Walmart, Wegmans, Lowes, etc.).

**Of Interest to Seniors and the GIAC Community...**

- Our friends at the Ithaca Eagles will be hosting a chicken BBQ on Saturday, July 8\textsuperscript{th} from Noon to 2pm to benefit Newfield Boy Scout Troop 34. Dinners are $12 each (1/2 chicken, baked beans, salt potatoes, roll & butter, and cookie). Contact them directly if you would like to order a meal.

  *Please do not hesitate to contact me for information and clarification, allow me to be a resource. Stay well!* Zack