To attend RSS programs, participants must fully complete RSS registration process.

**RECREATION SUPPORT SERVICES**

**607-273-8364**

<table>
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<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
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| **Mini-Golf**
  Cortland
  Time TBA
  Kristi | **2** |
| **Workout**
  The Gym
  10:30 - 12:00
  Brandon |     | **3** |

**LAST**

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| **LAST Workout**
  The Gym
  10:00 - 12:00
  Brandon | **ALL IYB STAFF MEETING TRAINING** |
| **LAST**
  Stewart Park
  10:30 - 12:00
  Kristin | **UNDER THE SEA DANCE**
  6:30 - 8:00
  IYB Kristin |
| **Workout**
  The Gym
  5:30 - 7:00
  Brandon | **Workout**
  The Gym
  10:30 - 12:00
  Brandon |

**HOLIDAY**

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</table>
| **WORKOUT**
  The Gym
  5:30 - 7:00
  Brandon | **Workout**
  The Gym
  10:30 - 12:00
  Brandon | **DISCOVER BOAT**
  Cayuga
  Lake Tour
  Ticket $10
  3:00 - 5:00
  Kristin |
| **Day Trip**
  Alex Bay
  1000 Islands
  9:00 - 9:00
  Kristin/Kristi | **Workout**
  The Gym
  10:30 - 12:00
  Brandon | **Brunch Club**
  Time/Place TBA
  Kristi |
2023 JUNE ADULT PROGRAMS

UNDER THE SEA DANCE – Thursday, June 15th at the Ithaca Youth Bureau from 6:30 – 8:00. Enjoy the music played by our DJ, play games, catch up with friends and have fun!!! Fee $5 at the door. (KRISTIN)

DISCOVER BOAT TOUR – ALL ABOARD!!!! Join us Monday, June 26th on the local Discovery party boat and take a boat tour up Cayuga Lake enjoying the sights, lake breeze and friends. The Discovery docks at the large marina at Cass Park Marina. Cost $10/person. Space limited. Must call ahead & sign up. (KRISTIN)

DAY TRIP TO ALEX BAY – RSS will be taking a day trip to Alexandria Bay in the 1000 Islands region of NY to explore the area. Activities may include: shopping, eating out at a restaurant, taking a boat tour of the islands/Boldt Castle, etc. Participants will be asked to bring a bag lunch and drink, $$ for dinner & admissions. Space limited. Must call ahead & sign up. (KRISTIN/KRISTI)

STEWART PARK PROGRAM – In this program we go to or meet group members each week at Stewart Park small pavilion next to the playground to play card/board games, lawn games, walk in the park, eat lunch, explore the shoreline and playgrounds and more..... Bring lunch and a drink. Call ahead to join. (KRISTIN)

WORKOUT at "The Gym" – Join Brandon at "The Gym" in Ithaca to get a workout in cardio and circuit lifting. Call to join. Space is limited. (BRANDON)

CORTLAND MINI-GOLF – Join us for a ride to Cortland to enjoy a round of mini-golf. Please bring a minimum of $20 and sign up with Kristi. (KRISTI)

BRUNCH/LUNCH/DINNER CLUB – Join Kristi at a local restaurant for brunch/lunch/dinner. Limited space. Please call Kristi at ext 2158 to sign up. (KRISTI)

FAN CLUB – This month RSS sports fans will be travelling to Syracuse the watch Mets Baseball!!! Tickets $20. Must call ahead & space is limited. (KRISTIN)
UNDER the SEA DANCE
at THE ITHACA YOUTH BUREAU

Thursday, June 15th 2023
6:30pm - 8:00pm

Play games & Dance to the tunes
& Have FUN with FRIENDS!!

Cost $5.00/person paid at the Door

Any ???'s call Kristin at 273-8364 ext. 2153
CAYUGA LAKE BOAT TOUR

Monday, June 26th

Boat tour 3:00pm – 5:00pm....Treman Marina at Cass Park
Tickets: $10/person paid in advance to reserve spot
Limited space - 70 maximum passengers
Payments in cash or check (made to "RSS IYB")
Contact Kristin to sign up 607-273-8364 ext 2153

As of today, it will be optional to wear a mask in all RSS programs of the IYB & optional in the vans during transportation with the following agreements:
1) If you are experiencing symptoms of being sick PLEASE DO NOT COME to program until your symptoms are gone and you are feeling better.
2) If you happen to be at program and start to exhibit symptoms like runny nose, coughing, sneezing, exhaustion, congestion, sore throat, etc RSS staff will give you a mask to wear for the remainder of the program.

Thank you for helping to keep all of us HEALTHY - RSS STAFF