



News and Notes – May 2021 GIAC Senior Program



Many of you have contributed to the program, as I asked, but we still have not yet made the revenue requirements of the city. Please consider a donation, this will ensure the program continues through the pandemic and can return to normal later this year.

We have a range of activities planned for this May. We are still primarily in virtual gathering mode, but, if you would like to do some in-person programs we have lunch at the Royal Court Restaurant, shopping at southside stores, and a walking tour of downtown to learn about nearby murals and public art. There are a couple of theater options that can be accessed through Cornell's and IC's websites. Hope to see you all soon!

- ***Mindfulness, Meditation & Chair Yoga*** is being suspended for the summer, we'll consider bring it back in a few months.
- ***Zoom Craft Group, Tuesdays at 12 noon.*** A group of 5-10 people have been getting together to talk crafts and just check in. Everyone is welcome. **To join:** <https://us02web.zoom.us/j/278922636?pwd=QTRXTStaR1dBcVRDRFI0cUoxMjdVUT09> , 1-929-436-2866 (for phone); Meeting ID: 278 922 636; Password: 007992
- ***On Tuesday, May 6 (12noon) Quilter's Corner*** will give us a virtual tour of their business and talk about their projects and other work. Everyone is welcome to join, just use the invite for the regular craft group (see above).
- ***Meet this public servant: GIAC Executive Director Leslyn McBean-Clairborne, Wednesday, May 5 at 1 pm*** – Leslyn immigrated to the United States in 1989 and has been a resident of Ithaca for more than 25 years. She was first elected to the Tompkins County Legislature in 2001 and served as vice-chair from 2006-2009. On February 18, 2020, she made local history when she was elected chair of the legislature as the first person of color to hold the position.

She has been involved with GIAC for 20+ years; starting with summer camp in 1990, serving on the board for a number of years, then working as Youth Program Coordinator (1991-93), Deputy Director (2004-2016), and was formally appointed as Executive Director in 2016. Under Leslyn’s leadership, GIAC has taken on a wide range of ambitious projects including My Brother’s Keeper, construction of Max’s Wading Pool, acquisition of the former Immaculate Conception School gymnasium, and successfully navigated the challenges of the COVID-19 pandemic. Here is your chance to hear about the position’s responsibilities, her experiences, and current issues involving the city:

<https://us02web.zoom.us/j/87698009046?pwd=cldGZFZudVhURkx5KzltemVLSORHZz09> : Meeting ID: 876 9800 9046; Password: GIAC2021

- **Carol Kammen Virtual Presentation**, Wednesday, May 12 at 1 pm – Tompkins Carol Kammen is the Tompkins County Historian. She is the author of *Glorious to View, Part & Apart*, and *First Person Cornell*, and she’s written essays for The Ithaca Journal since 1978. She has taught at Ithaca High School, TC3, and Cornell University. has been recognized with the 2020 Lehman Prize for Distinguished Service from the New York Academy of History for her decades-long career writing, promoting, and contributing to local history. The award, named for former New York State Governor Herbert H. Lehman, is given out annually to honor people with outstanding and life-long contributions to New York history. Kammen certainly fits that bill having served as the county historian since 2000 and written numerous books about Ithaca and Tompkins County. To participate on a computer:

<https://us02web.zoom.us/j/82389063554?pwd=bGZQOVZ0aHNXYlJkRFBLdzEvODAvUT09> : Meeting ID: 823 8906 3554; Password: GIAC2021

To join via your telephone: Dial 1-929-205-6099; Enter the Meeting ID and 12667277, followed by the “#” sign; Enter the “#” sign again to skip the participant ID.

- **Walking tour of downtown murals**, Thursday, May 13 at 1 pm – Caleb Thomas, a local artist and community organizer, will lead us on a walking tour of downtown Ithaca murals and street art. You should be prepared to walk to the Commons (starting at GIAC), then onto Southside. Caleb will show us a

number of murals and explain their backstories. *Please, let me know in advance of your intent to join us, so I can have an accurate count.*

- **Hot Tea and Poetry, Friday, May 14 at 10 am**– Grab a cup of your favorite beverage and enjoy listening to poems written by members and guests. Please feel free to share a favorite poem or one that you wrote yourself. It is a friendly supportive atmosphere, so join the fun. To participate on a computer: <https://us02web.zoom.us/j/89830012323?pwd=YzBxZUhQejNzajdmTUvBM2J0VkJkZz09> : Meeting ID: 898 3001 2323; Password: GIAC2021
- **“The Magic Flute” presented by Ithaca College, Saturday, May 15** – By Wolfgang Amadeus Mozart, musical direction by Christopher Zemliauskas, Mozart’s fairy tale tells the story of young prince Tamino who embarks on an adventure to save princess Pamina. The pair are met by obstacles along the way and undergo a series of trials to reveal the true villain. Together they will discover their own strength through the magic of music and love. *Check with me for the time and details to view (as they are not yet available).*
- **Kerry’s Ireland Slides, Monday, May 17** - In 2018, GIAC Deputy Director, Kerry Phillips visited Belfast, Northern Ireland and Dublin, Ireland. She will join us to show off her pictures and share her experiences. Our meeting: <https://us02web.zoom.us/j/86846684237?pwd=SjdqMXhveEp5NGtkMG5xazZHS25jZz09>: Meeting ID: 868 4668 4237; Password: GIAC2021
- **Southside Shopping, Thursday, May 20** - Shopping on the southside of town (your choice where and for how long...Agway, Walmart, Wegmans, Tops, etc.), call for a pick-up.
- **Zoom Breakfast with guest Tim Van Egmond:** Friday, May 21 - Tim Van Egmond has been delighting audiences throughout the country since 1978. He has appeared at hundreds of schools, libraries, and community centers, as well as folk festivals and television and radio programs. Tim has presented workshops at Sharing the Fire, New England’s annual storytelling conference, the Boston Regional Library System, and the New England League of Middle School’s United Arts Conference, among others. He built his first of many dulcimers in 1973 and has been playing ever since. Tim has brought the sweet and captivating sound of the dulcimer to a great many communities and

special events far and wide. He has performed nation, including appearances on National Public Radio's "A Prairie Home Companion" and at the Smithsonian Institution's National Museum of American History. Tim believes in our heritage of traditional story and song as a medium for entertainment and enlightenment. A spirited and versatile artist, he continues to draw on a broad repertoire to create performances and workshops for a wide range of themes and audiences. And this month, he's going to tell us a story!

As usual, we will deliver breakfast from Shortstop Deli to your door for \$4. You have the choice of an English muffin sandwich with egg & cheese, egg/cheese & bacon, or egg/cheese & sausage. Please **let me know your choice by 5/19**. To participate on a computer:

<https://us02web.zoom.us/j/88250606923?pwd=VXo5Vk1hNlplUY3M5aUR6VysvblISUT09> : Meeting ID: **882 5060 6923**; Password: **GIAC2021**

To join via your telephone: Dial 1-929-205-6099; Enter the Meeting ID and 51142105, followed by the "#" sign; Enter the "#" sign again to skip the participant ID.

- ***Eagles chicken BBQ, Saturday, May 22*** – People seem to enjoy the meals that Eagles put together, so we will make it an option for May too. Meals consist of half a chicken, baked beans, salt potatoes, roll/butter and cookie, costs \$10 (due at delivery). **Please order with me by 5/17.**
- ***Regio (Royal), Sunday, May 23*** - Regio employs contemporary dance, storytelling, and mojjangas (large puppets), to uncover the experience of Latinx immigrant workers in meat factories impacted by the COVID-19 pandemic. Reserve your free ticket at schwartztickets.com.
- ***Lunch at Royal Court Restaurant*** – We'll have an outdoor, socially distanced lunch at the Royal Court, located at 529 S. Meadow St. Let's hope for nice weather!
- ***Movie discussion: "News of the World", Friday, May 28***; Five years after the end of the Civil War, Captain Jefferson Kyle Kidd (Tom Hanks), a veteran of three wars, now moves from town to town as a non-fiction storyteller, sharing the news of presidents and queens, glorious feuds, devastating catastrophes, and gripping adventures from the far reaches of the globe. On

the plains of Texas, he crosses paths with Johanna (Helena Zengel), a 10-year-old taken in by the Kiowa people six years earlier and raised as one of their own. Johanna, hostile to a world she's never experienced, is being returned to her biological aunt and uncle against her will. Kidd agrees to deliver the child where the law says she belongs. As they travel hundreds of miles into the unforgiving wilderness, the two face tremendous challenges of both human and natural forces as they search for a place that either can call home. To watch the film, search the title on YouTube and watch on your own, it costs \$5.99. Our meeting:

<https://us02web.zoom.us/j/88581539864?pwd=N2gwMGpIR0QxZzZaVmNYWXJBQ2JTQT09>: Meeting ID: 885 8153 9864; Password: GIAC2021

- **Grocery Delivery** – Since the beginning of the pandemic, I have been facilitating the delivery of groceries to members' homes. Interested participants should contact me. I will submit your order through the Walmart website and set the delivery time (usually within a day). There is a \$35 minimum order for any delivery. I get a message when the delivery departs Walmart and I alert the recipient to be ready to meet the delivery. GIAC will bill you directly, there is no need for payment at the time of the delivery. *After May 24, this service will no longer be free...you may still order groceries through GIAC, but there will be an additional \$6 cost for delivery.*
- **GIAC Annual Meeting:** Our annual meeting is scheduled for Tuesday, 5/25 at 6pm. This year's meeting will be held virtually over YouTube and is open to all. Check with the GIAC office or Zack for instructions to join in.
- **Staples will laminate your vaccine card** - Right now, a piece of paper is all the proof you have that you have been vaccinated against COVID-19. That is why Staples is helping to keep those vaccination cards safe by laminating them for free. Staples says the service is available at all locations. Protect your proof of vaccination.
- **Tompkins County Public Library** is pleased to offer "Poetry and the Pandemic: A Reading and Conversation with the Aladdin Poets" on Thursday, May 6, 2021, from 12:00 to 1:30 pm. The Aladdin Poets—Peter Fortunato, Laura

Glenn, Gail Holst-Warhaft, and Jack Hopper—will read poems composed during the time of the Pandemic, and answer audience questions. All four poets are widely published and locally active, and recognize how people everywhere have turned to poetry for consolation and as a means of expression in these trying times. This program is offered as part of the Spring Writes lineup of events, presented by the Community Arts Partnership. A full schedule can be found at <https://artspartner.org/content/view/spring-writes>. To register and receive the Zoom link for participation, visit <https://www.tcpl.org/events/poetry-and-pandemic-reading-and-conversation-aladdin-poets>. For more information contact Sophia McKissick at smickissick@tcpl.org.

• **Where to watch for vaccination scheduling:**

- Tompkins County Health Department:
<https://apps3.health.ny.gov/doh2/applinks/cdmspr/2/counties?OpID=50501047>
- Kinney Drugs: <https://secure.kinneydrugs.com/pharmacy/covid-19/vaccination-scheduling/ny/>
- Rite Aid: <https://reportsonline.queue-it.net/?c=reportsonline&e=RITEAIDNYS2021>
- TOPS: <https://www.topsmarkets.com/Covid19Vaccinations/>
- The Enfield Seniors are taking a “Lancaster Show Trip & the Dutch County” trip on 10/5-8 (for \$420). If you are interested, contact Janice Robinson (607-277-4626) for details.

Please do not hesitate to contact me for information and clarification, allow me to be a resource. Stay well! Zack

May 2021



GIAC Senior Program

Zack Nelson, 272-3622 x 2233

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Ithaca, NY 14850

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>United Way of Tompkins County Funded Partner</p>						1
2	3	4 Zoom Craft Group virtual tour of Quilters Corner	5	6 Meet this Public Official: Leslyn McBean– Clairborne	7	8
9	10	11 Zoom Craft Group	12 Carol Kammen virtual presentation	13 Walking tour of downtown murals	14 Ice Tea and Poetry	15 <i>The Magic Flute</i> virtual stream from IC
16	17 Kerry's Ireland Slides	18 Zoom Craft Group	19	20 Southside Shopping	21 Senior Breakfast with storyteller Tim Van Egmond	22 Eagle's BBQ delivered
23 <i>Regio</i> virtual stream from Cornell	24	25 Zoom Craft Group	26 Lunch at Royal Court Restaurant	27	28 Movie discussion: <i>News of the World</i>	29
30	31					

See reverse side for program details. See the newsletter for information about Crafts group.

Thursday, May 6th, 10 am Meet this public servant: GIAC Executive Director, Leslyn McBean-Clairborne

Leslyn has been the GIAC Director since 2016. She'll join us to talk about her responsibilities, her experiences, and current issues involving the agency/city: *Meeting ID: 876 9800 9046; Password: GIAC2021*

Wednesday, May 12th, 1 pm Carol Kammen virtual presentation

Tompkins County historian, Carol Kammen, will join us for a virtual presentation, *Ethnicity in Tompkins County*: *Meeting ID: 823 8906 3554; Password: GIAC2021*

Thursday, May 13th, 1-2 pm Walking Tour of Ithaca's Downtown Murals

Finally, a non-virtual program. We'll meet at GIAC for a guided walking tour of the neighborhood's mural and other public art. Local art activist, Caleb Thomas, will guide us on our walk. **Please let me know in advance that you plan to attend.**

Friday, May 14th, 10 am Hot Tea & Poetry

Join us to share both original and favorite poems and writings. Poems can be funny, sad, or just strike you as worth sharing. It's a friendly supportive atmosphere, everyone is welcome: *Meeting ID: 898 3001 2323, password: GIAC2021*

Saturday, May 15th, "The Magic Flute" presented by Ithaca College

Check with me for the time and details to view (as they are not yet available).

Monday, May 17th, 10 am Kerry's Ireland Visit Slide

GIAC Deputy Director, Kerry Phillips visited Ireland in 2018. She'll join us to show off her pictures and share her experiences: *Meeting ID: 868 4668 4237; Password: GIAC2021*

Thursday, May 20th, 11 am-1 pm Southside Shopping

Shopping (your choice where) on the southside of town, call to get a pick-up.

Friday, May 21st, 10 am Virtual Senior Breakfast

Join us for a performance by storyteller/folksinger, Tim Van Egmond; as usual, breakfast delivery is an option: *Meeting ID: 882 5060 6923; Password: GIAC2021*

Saturday, May 22nd, 12 noon Spring Chicken BBQ (delivered or pick-up)

The Eagles put on a good BBQ, here's another chance to enjoy. Meals consist of half chicken, baked beans, salt potatoes, roll/butter & cookie. *Please order with me by 5/17, \$10 paid at delivery or pick up.*

Sunday, May 23rd, 2 pm "Regio" virtual stream from Cornell

Regio (Royal) employs contemporary dance, storytelling, and moji-gangas (large puppets), to uncover the experience of Latinx immigrant workers in meat factories impacted by the COVID-19 pandemic. Reserve your free ticket at schwartztickets.com.

Wednesday, May 26th, 12 noon Lunch at Royal Court

If it is nice, we will have an outdoor, socially distanced lunch.

Friday, May 28th, 11 am Movie discussion: "News of the World"

YouTube has movies you can watch, this one costs \$6. We'll get together to chat about our responses to the film. Check out the newsletter for details: *Meeting ID: 885 8153 9864, password: GIAC2021*