



News and Notes – February 2020 GIAC Senior Program



Welcome new member: Dolores & Frank Pinnisi, Mike Winston, Priscilla Hurdle, Lynn Deuschle, and Lanora Powers

I hope that you all are surviving the winter well (some of you maybe even enjoying it); February has its share of short, dark days, but every day that passes brings us closer to warmer weather. Since the weather remains unpredictable, we will continue to stay close to home...at least through the end of February. Speaking of February, it is of course Black History Month, and we will celebrate it over the course of the month.

This month, three dates relate to the BHM theme: The Talent Show is always an interesting mix of GIAC's participants and local talent. Some of the talent you can expect to see are Cornell Taiko Drummers, GIAC Jumpers, African Drummers with United Dance group, as well as many others. The Black History Month Concert at Ithaca College will feature performances by the African Drumming and Dance Ensemble, World of Music Class, and student musicians; this year's theme is Africa to America: Making the Connection. The guest speaker for our monthly breakfast will be local community leader Cal Walker.

February's Birthday Lunch will combine our usual meal with a fundraiser at Applebee's in Triphammer. I will bring vouchers for our lunch group, but anyone that we can encourage to visit (and presents a voucher) on that day will have 10% of their meal's cost come back to us. Please attend lunch with us on the Wednesday (2/19), and encourage your friends and family to eat out at Applebee's some time during that day. You can find a voucher included in the mailing or print one yourself at this link:

<https://www.cityofithaca.org/DocumentCenter/View/11008/GIAC-Seniors-Feb-19-Applebees>

In addition to the BHM Talent Show, there are several other great performances to check out this month. Nationally known, local favorite Hilby the Skinny German Juggle Boy will be performing at the State

Theater (we have free tickets). The next weekend an amazing group, Yamato, will be performing as part of the Cornell Concert Series at Bailey Hall. If you are impressed by the Taiko Drummers every year at the talent show...this will blow you away! The movie is a classic from Cinemapolis's Family Classics Picture Show Series... *He Bachelor and The Bobby-Soxer* stars Cary Grant, Myrna Loy, and Shirley Temple.

That leaves a couple of loose ends. We will try out bowling again; if there is sufficient interest, we may try to make it a regular part of the calendar. The 1890 House is a museum in Cortland. We will have a guided tour during our visit. This is a multi-storied museum; I understand that there is a lift to help people get to the second and third story, but you are also welcome to tour the lower level and wait for the group if you do not want to use the lift. I neglected to mention a meal on this trip. I plan to stop for lunch at the Hollywood Restaurant, pay for your own lunch of course. The final event you should need to know about is Collette's Presentation on their Ireland trip next fall. Come if you are at all interested, there may be a financial benefit to attending. Feel free to invite anyone outside the program that might be interested as well...the more the merrier!

I want to make sure that any of you that regularly use email are receiving the calendar (and the occasional announcements) electronically; if not, send me a message (znelson@cityofithaca.org) and I will add you to the group. Lastly, I also use Facebook to make announcements and share pictures. If you would like to be a part of the program's group, search Facebook for "GIAC Senior Program" and request to join.

February Events – Expanded Descriptions

**Crafts and Conversation: Tuesday, February 4th, 11th, 18th, & 25th;
noon-2 pm**

Tai Chi: Thursday, February 6th, 13th, 20th, and 27th; 10:30-11:30 am

- Best described as a show without boundaries! **Hilby** is an expert in juggling all sorts of objects and subjects as well as countless circus and variety skills. He really gets his audience involved and creates magical and hilarious moments through their participation. Watch out for

catapults, marshmallows, lots of velcro and the Bowling Ball of Terror. Hilby has training in modern dance and mime and his body is as expressive as the words he speaks. The long and short of it is that you will love this Skinny German Juggle Boy!

- “The Yamato show is a genuinely theatrical experience, delivered with balletic grace and infectious humor.” – Times Online (UK). **Yamato - The Drummers of Japan** is described as the “epitome of the Japanese spirit,” bringing new life to the traditional Japanese taiko and wadaiko drums by paying respect to its rich history, and exploring contemporary drumming styles. Audiences around the world have been exhilarated by the heart-thumping rhythm, thunderous sounds, and explosive beats as the Yamato drummers display their remarkable physical strength and trademark infectious energy with drums that weigh up to half a ton. For the players of Yamato, every encounter with their listeners is a unique and precious experience; their goal is to send audiences home after each performance with a new vitality and passion for life.
- ***The Bachelor and the Bobby-Soxer*** (1947) – Comedy, Romance 1h 35m
• (not rated) Directed by Irving Reis and starring Cary Grant, Myrna Loy, Shirley Temple. Teenaged Susan Turner, with a severe crush on playboy artist Richard Nugent, sneaks into his apartment to model for him and is found there by her sister Judge Margaret Turner. Threatened with jail, Nugent agrees to date Susan until the crush abates. He counters Susan's comic false sophistication by even more comic put-on teenage mannerisms, with a slapstick climax.
- The **1890 House Museum** is a historic house located on Tompkins Street in Cortland. It was built in 1890 for industrialist Chester F. Wickwire (1843–1910) and was designed by architect Samuel B. Reed. Chester Wickwire lived in the home from 1890 until his death in 1910. He made his fortune by founding and managing the Wickwire Brothers Company in Cortland, NY, which produced wire products such as horse muzzles, seed spreaders, insect screens, and similar products for rural Americans. In 1974, the 1890 House Museum formed a part of the Tompkins Street District's listing on the National Register of Historic Places, and in 1975, the 1890 House became a museum after campaigning from Cortland County leaders.

Of Interest to Seniors and the GIAC Community...

- FREE TAX PREP IRS Federal and New York State at Lifelong; January 30 - April 11. Thursdays: 8:30-3:30 Fridays, 9-1 Saturdays, 9-1 All Seniors age 60+ (with spouses of any age) As well as:
 - All Individuals with disabilities As well as
 - All Individuals with incomes below \$34,000
 - All Families with incomes below \$56,000; Returns prepared by IRS trained and certified volunteers. **Bring the following with you to avoid needing to reschedule your appointment:** Photo I.D Copy of 2018 Tax Return Social Security Cards for yourself, your spouse and all dependents W-2s for 2019 for all wages & salaries for everyone in the household 2019 Income Statements received showing other income from social security, unemployment insurance, pensions, state tax refund, disability income, gambling winnings, and contract work, reported to the IRS 2019 Income/Interest Statements received for any savings accounts or brokerage, stock or mutual fund statements If you itemize on your return, bring statements for medical, mortgage interest, real estate property tax, charitable contributions Checkbook if you owe taxes or want refund check directly deposited in your bank account Documentation of Health Insurance.
- **Become a Longevity Explorer!** Interested in how technology can impact the lives of older adults? Become a Longevity Explorer; KICK-OFF EVENT; *When:* Monday, March 2, 1:00-2:30, *Where:* Tompkins County Public Library, Borg Warner Room. Longevity Explorers evaluate products and services geared toward older adults and provide summaries of their thoughts and recommendations. Sound interesting? Please join us at the kick-off event. For more information, contact:
Lynn Gitlow, IC Occupational Therapy, lgitlow@ithaca.edu
Jessica Taves, IC Gerontology Institute, jtaves@ithaca.edu
Teri Reinemann, FLIC, teri@fliconline.org

Please don't hesitate to contact me for any reason. Best, Zack

February 2020



GIAC Senior Program
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Funded Partner			 Minimal walking, walker accessible Moderate leisure walking Long walks required At least one flight of stairs, no elevator			1 Hilby: The Skinny German Juggle Boy at the State Theater 
2	3	4 Arts & Crafts	5	6 Tai Chi	7 GIAC Black History Month Annual Talent Show, IHS 	8
9 Yamato – The Drummers of Japan at Cornell 	10	11 Arts & Crafts	12 Bowling at the Bowl-O-Drome 	13 Tai Chi	14	
16 Movie at Cinemapolis: <i>The Bachelor and the Bobby-Soxer</i> 	17 Presidents' Day — GIAC Closed	18 Arts & Crafts	19 Birthday Lunch at Applebee's 	20 Tai Chi	21 1890 House Tour in Cortland 	22
23	24	25 Arts & Crafts Collette Presentation on Ireland trip	26	27 Tai Chi BHM Month Concert 	28 Senior Breakfast 	29

See reverse side for program details. See the newsletter for information about Tai Chi and Arts & Crafts group.

Saturday, February 1st, 6 pm Hilby: The German Juggle Boy at the State Theater

German Comedy and other impossible feats are standard fare with Hilby; **free**.

Friday, February 7th, 6-8 pm GIAC Black History Month Community Talent Show, Kulp Auditorium, Ithaca High School

One of GIAC's special events we sponsor throughout the year, this event highlights local talent, singing, dancing, and much more...it's always a hit! **Free**.

Sunday, February 9th, 4 pm Yamato–The Drummers of Japan at Cornell
Yamato is described as the “epitome of the Japanese spirit,” bringing new life to the traditional Japanese taiko and wadaiko drums by paying respect to its rich history, and exploring contemporary drumming styles; **free (seats are limited)**.

Wednesday, February 12th, 12 noon Bowling at the Bowl-O-Drome

I will schedule the lanes and pick up the tab. Join us for a casual game, **\$2.50** for the shoes. We will stop for lunch at Papa John's after we bowl (pay for you own).

Sunday, February 16th, 2 pm Movie at Cinemapolis: “The Bachelor and the Bobby-Soxer”

Starring Cary Grant, Myrna Loy, Shirley Temple, a high school girl falls for a playboy artist, with screwball results; **\$3** (pay at door).

Wednesday, February 19th, 12 noon-2 pm Birthday Lunch at Applebee's

Join us for lunch and to celebrate the February birthdays! Applebee's is helping to sponsor a Community Giveback Fundraiser, so we'll get 10% of the proceeds of lunch (and any traffic we can drive to the restaurant all day). Hope to see many of you and encourage everyone you know to eat out some time during the day...*find the voucher enclosed and distribute it widely!!*

Friday, February 21st, 10 am-2 pm Tour of the 1890 House Tour in Cortland

The unique history within their walls tells the stories of the Wickwire family, their servants, and the factory workers who toiled in Wickwire Wire Mills Factory; **\$5** (paid at door). We will be stopping for lunch at the Hollywood Restaurant on the way home (pay for your own).

Thursday, Feb. 27th, 8 pm Black History Month Concert at IC

Featuring the West African Drumming and Dance Ensemble, students from the Ithaca College “Worlds of Music” class, and members of the Dorothy Cotton Jubilee Singers.

Friday, February 28th, 9-11 am Senior Breakfast, GIAC

Join us for pancakes, bacon, eggs, and all the usual fare and fun; **\$3** (pay at door), in honor of Black History Month, local community leader Cal Walker will speak to the group.