

November 2019



GIAC Senior Program
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>Minimal walking, walker accessible Moderate leisure walking Long walks required At least one flight of stairs, no elevator</p>			1	2 Movie at Cinemapolis: <i>Harriet</i>
3 <i>Beautiful—The Carole King Musical</i> in Binghamton 	4	5 Crafts & Conversation Group	6 Seneca Museum at Ganondagan State Historic Site 	7 Tai Chi Group	8 Liquid State Brewery Tour 	9 The Metropolitan Opera at Regal Cinema: <i>Madama Butterfly</i>
10	11 Veterans Day — GIAC Closed	12 Crafts & Conversation Group	13	14 Tai Chi Group	15 Senior Breakfast 	16
17	18 Crafts & Conversation Group	19 Sweet Creations Gingerbread Display at the Eastman Museum 	20	21 Tai Chi Group	22 Harvest Festival Dinner 	23
24	25 Crafts & Conversation Group	26 Christmas Tree Store & Birthday Lunch at the Cracker Barrel 	27	28 Thanksgiving — GIAC Closed	29 GIAC Closed	30

See reverse side for program details. See the newsletter for information about Tai Chi and Arts & Crafts group.

Saturday, November 2nd, 2 pm Movie at Cinemapolis: "Harriet"

From her escape from slavery through the dangerous missions she led to liberate hundreds of slaves through the Underground Railroad, the story of heroic abolitionist Harriet Tubman is told. Dr. Margaret Washington, a noted Tubman scholar, will lead a discussion by the audience and several panelists; **free** but seats are limited...make sure to contact me if interested.

Sunday, Nov 3rd, 3 pm "Beautiful - The Carole King Musical", Binghamton

The inspiring story of King's rise to stardom; the deadline for payment has passed.

Wednesday, November 6th, 9 am-3 pm Seneca Museum at Ganondagan State Historic Site, Victor

Experience historical and contemporary Seneca and Iroquois culture and values, and learn about the important history of Ganondagan. The tour will include a film on the creation story, a gallery tour, and more; **\$6** (pay at the door). We'll stop for lunch at El Basha Mediterranean Eatery (lunches start at \$8, pay on your own).

Friday, November 8th, 1:30-3 pm Liquid State Brewery Tour

Liquid State Brewing Company is a craft brewery and beer hall in Ithaca's West End District. Come for a tour of the facility and learn about their brewing process (**free**) and to taste their product (pay for your own).

Saturday, November 9th, 12:30 pm The Met Opera: "Madama Butterfly"

Soprano Hui He takes on the heartbreaking title role of the doomed geisha, with tenor Andrea Carè as the American naval officer who abandons her. This live cinema transmission is part of the Met's award-winning Live in HD series; **\$23**, checks (made out to **GIAC**) due 11/7.

Friday, November 15th, 9-11 am Senior Breakfast, GIAC

Join us for pancakes, bacon, eggs, and all the usual fare and fun; **\$3** (pay at door), folk musician/ storyteller, Nate Marshall will be the playing for us (*with grant support from the Community Arts Partnership in Tompkins County*).

Tuesday, November 19th, 9 am-3 pm Sweet Creations Gingerbread Display and tour of Eastman Museum and House, Rochester

Sweet Creations Gingerbread Display is an annual display features dozens of cleverly designed and deliciously decorated gingerbread houses and objects; **\$14** checks (made out to **GIAC**) due 11/12. We'll have lunch at the café located in the museum.

Friday, November 22nd, 5:30 pm GIAC Harvest Festival, BJM gym

Join us for this community celebration of the beginning of the holiday season. Come enjoy a Thanksgiving meal (complete with all the fixings) and conversation with friends, new and old; **free**. Please bring a dessert to share.

Tuesday, November 26th, 10 am-3 pm Birthday Lunch at Cracker Barrel and Shopping at the Christmas Tree Store in Binghamton

We'll start with some shopping at the Christmas Tree Store, then go to the Cracker Barrel for lunch (meals start at \$7).



News and Notes – November 2019 GIAC Senior Program



Welcome new members: Rebecca Elgie and Dilmeran Akgoze

Deadlines to keep in mind:

- **November 7th** (\$23) for **The Met Opera: *Madama Butterfly*** Ithaca Regal Theater (trip on 11/9)
- **November 12th** (\$14) for the **Eastman Museum** (trip on 11/19)

The year continues to flow by, just two more months of 2019 remain! We have a little bit of the fall left before winter and the holidays take over. Normally we are not too ambitious with our travel plans once we get far into autumn, but there are a few interesting prospects that I want to get to this year. So, we will hope for good weather and cancel the outings if the weather does not cooperate. First off is GIAC's theme for November, *Native American Heritage Month*; in celebration of this theme, we are planning a trip to the Ganondagan State Historic Site in Victor. We will learn about Seneca and Iroquois culture and values and learn about the history of Ganondagan (which was the largest Seneca village during the 17th century).

There are several outings to get us geared up for the coming holidays. First, we will visit the Eastman Museum in Rochester to check out their annual gingerbread display and to see the mansion resplendent with all its holiday decorations. A week in advance of Thanksgiving, GIAC will be sponsoring our annual Harvest Festival in the BJM gym...always a lot of fun with delicious food. Towards the end of the month, we will combine our monthly Birthday Lunch (at the Cracker Barrel) with a stop at the Christmas Tree Store in Vestal. This will be a chance to get a head start on holiday shopping.

During the early part of the month, there are a few opportunities for theater and movies you might be interested in. On the 2nd, GIAC is cosponsoring a viewing of the new movie about Harriet Tubman titled *Harriot*, with a panel discussion led by noted Tubman scholar Dr. Margaret Washington afterwards. GIAC will have a limited number of

free tickets, make sure to check in with me if you would like one. The next day, we will be going to Binghamton for *Beautiful - The Carole King Musical* at the Forum...if you are interested, I hope that you have already contacted me. The deadline for payment passed in October. The final program of this nature is the following week. Regal and the Met now cooperate from time to time to bring high-level opera to people around the country by broadcasting selected performances in HD to the movie theater. On this occasion, they are showing *Madama Butterfly*. I ask that you sign up with me so I can acquire tickets in advance; I understand that sometimes tickets to sell out.

Occasionally it is nice to check out a newly opened business or building in town. Liquid State Brewing Company is a newly opened brewery located on State Street. They produce 15+ beers on site and have a barroom that produces some rudimentary snacks to enjoy with whatever beverage you choose to indulge in. We will visit for a tour and a tasting on the second Friday of the month.

Program etiquette reminder: If you can go to a back seat of the van, it is appreciated. Some members have genuine difficulty getting in and out of the backs of the vans. You can always ask the driver how full the van is to gauge whether all the seats will need to be filled. As always, good humor and patients is greatly appreciated!

I want to make sure that any of you that regularly use email are receiving the calendar (and the occasional announcements); if not, send me a message (znelson@cityofithaca.org) and I will make sure to add you to the group. Lastly, I also use Facebook to make announcements and share pictures. If you would like to be a part of the program's group, search Facebook for "GIAC Senior Program" and request to join.

November Events – Expanded Descriptions

Crafts & Conversation is just a rebranding of the Arts & Crafts group that has been meeting for years. Remember, everyone is welcome, and you do not need to be a crafting virtuoso to participate! **Tuesday, November 5th & 12th and Monday 18th & 25th; noon-2 pm** (I was forced to schedule Tuesday trips on the last two Tuesdays, so I shifted the meeting to Monday on during these weeks)

Tai Chi: Thursday, November 7th, 14th and 21st; 10:30-11:30 am

- ***Harriet*** (2019) – Biography, Drama, History 2h 5m ▪ (PG-13) The extraordinary tale of Harriet Tubman's escape from slavery and transformation into one of America's greatest heroes, whose courage, ingenuity, and tenacity freed hundreds of slaves and changed the course of history.
- ***Beautiful – The Carole King Musical*** tells the inspiring true story of King's remarkable rise to stardom, from being part of a hit songwriting team with her husband Gerry Goffin, to her relationship with fellow writers and best friends Cynthia Weil and Barry Mann, to becoming one of the most successful solo acts in popular music history. Along the way, she made more than beautiful music, she wrote the soundtrack to a generation. Featuring a stunning array of beloved songs written by Gerry Goffin/Carole King and Barry Mann/Cynthia Weil, including "I Feel The Earth Move," "One Fine Day," "(You Make Me Feel Like) A Natural Woman," "You've Got A Friend" and the title song, BEAUTIFUL has a book by and Tony® Award-nominee and Academy® Award-nominated writer Douglas McGrath, direction by Marc Bruni, choreography by Josh Prince, and took home two 2014 Tony® Awards and a 2015 Grammy® Award.
- **Ganondagan State Historic Site** located in Victor, NY is a National Historic Landmark, the only New York State Historic Site dedicated to a Native American theme (1987), and the only Seneca town developed and interpreted in the United States. Spanning 569 acres, Ganondagan (ga·NON·da·gan) is the original site of a 17th century Seneca town, that existed there peacefully more than 350 years ago. The culture, art, agriculture, and government of the Seneca people influenced our modern understanding of equality, democratic government, women's rights, ecology and natural foods. Ganondagan's full-size, Seneca Bark Longhouse (1998) is fully furnished to reflect a typical Seneca family from the late 1600's, complete with reproductions of 17th century Seneca objects and colonial-era trade goods. The newly built Seneca Art & Culture Center (2015) at Ganondagan State Historic Site is a 17,300-square-foot center that tells the story of Haudenosaunee (Iroquois) contributions to art, culture, and society. Designed to fit into the natural

landscape, the center features an interactive, multi-media Exhibit Gallery, including a changing exhibit space, Orientation Theater (featuring the Iroquois Creation Story film), auditorium, and gift shop. The grounds surrounding the center include two signed interpretive trails that educate visitors about the significance of plant life, Haudenosaunee culture and history. A third trail just a mile away from the center, interprets the history and the importance of Fort Hill, a large palisaded granary.

- **Liquid State Brewing Company** is a craft brewery and beer hall in Ithaca's West End District. They are focused on creating high quality, small batch beers with our 20 hectoliter brewhouse. Their on-site beer hall offers our fresh ales and lagers as well as local wines, ciders and foods from around our great state and beyond.
- ***Madama Butterfly*** - Soprano Hui He takes on the heartbreaking title role of the doomed geisha, with tenor Andrea Carè as the American naval officer who abandons her—in cinemas November 9. Paulo Szot is Sharpless, alongside Elizabeth DeShong as Suzuki, and Pier Giorgio Morandi is on the podium for Anthony Minghella's sweeping production, a perennial audience favorite. This live cinema transmission is part of the Met's award-winning Live in HD series, bringing opera to more than 2,200 theaters in more than 70 countries worldwide.
- **The Eastman House** - The Colonial Revival mansion, built between 1902 and 1905, served as George Eastman's primary residence until his death in 1932. Today, visitors can explore the historic mansion on their own or on a guided tour, offered daily. Live music performances are offered in the mansion most Sunday afternoons throughout the year. On the main floor, visitors enter from the museum through the Palm House and Colonnade, which also provides access to the Schuyler C. Townson Terrace Garden. Past the Colonnade, visitors enter the Dining Room and continue into the Conservatory, the center of the mansion. The Billiard Room, Library, Great Hall, and Living Room are all accessible from this large two-story room. Up the Grand Staircase on the second floor, visitors will see the restored bedroom suite of Maria Kilbourn Eastman (George Eastman's mother), the north and south organ chambers behind latticework, the Sitting Room, exhibitions related to George Eastman and Eastman Kodak Company, and the Discovery Room, with hands-on image-making activities for kids. The third floor, now used for museum

offices, once housed Eastman's screening room and workshop, as well as living quarters for household staff.

Sweet Creations Gingerbread Display is an annual display features dozens of cleverly designed and deliciously decorated gingerbread houses and objects. As one of the Greater Rochester community's most beloved holiday traditions, Sweet Creations provides a visual and aromatic treat for visitors of all ages.

- As a solo performer, **Nate Marshall** carries on the folk music tradition of song and storytelling with a modern twist of humor and musicianship steeped in a number of genres including swing, blues, Americana and jazz. In addition to solo performance, Nate is also a guitar instructor, staple of the children's' music scene in central New York as well as an accomplished juggler, known as Nate the Great. He has toured extensively throughout the U.S. in a variety of venues from theaters to cafes and farmer's markets to street corners. In 2007, he released "Fame by Frame" with Nate & Kate and, in 2010, released his solo album "Throwaways Stowaways and Drifters".

Of Interest to Seniors and the GIAC Community...

- The Enfield Seniors have a couple of trips coming up that they asked me to promote. In May they are going on 4 days/3 nights trip to Lancaster for \$420. In September, they are doing a 5 days/4 nights trip to "Mystic Seaports of Connecticut", \$545. If you are interested, contact Janice Robinson at 277-4626 or rjanr304@aol.com. (This is not a GIAC sponsored trip, it is included in the newsletter to inform members of the opportunity to travel with a local tour group. All questions should be directed to the above contact.)
- **Cornell Research Lab Seeking Participants for Jury Deliberation Study** Interested in justice? Ever wanted to serve as a juror? Want to participate in research? We are conducting a mock jury study at Cornell Law School over the next few months. They are looking for people from the community to participate as mock jurors. Tell all your friends, and consider participating yourselves! For more information, you can contact

LegalDecisionLab@gmail.com, or call 288-3248 and leave your name and a good time/number to reach you.

- **Office for the Aging Public Hearing** - Tuesday, October 29 at 4:30 pm at Lifelong, 119 W. Court Street, Ithaca. These hearings provide a venue for community members to learn about programs and services of our office as well as provide an opportunity for the public to offer feedback about issues affecting older adults in our community. For more information click on the link or call 274-5450 or email cbullis@tompkins-co.org.

Please don't hesitate to contact me for any reason. Best, Zack